



JUNE 2016

**TODAY I
SHALL BE ONE
RUN
STRONGER!**

NOTES:

<http://www.gotrbuffalo.org/race/181-girls-on-the-run-of-buffalo-5k>

<http://buffalosuperherorace.com/>

http://wny.info-komen.org/site/TR?fr_id=6293&pg=entry

www.active.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
Girls on The Run 5k - UB					Superhero 5k	Susan B Komen - Race For A Cure
12	13	14	15	16	17	18
19	20	21	22	23	24	25
					Black and Gold Run 5k	
26	27	28	29	30		